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The quintessential great debate for "Star Trek" fans over which Starfleet captain was better — Captain James Tiberius Kirk or Captain Jean-Luc Picard — has produced countless lists and articles.

The essence of a great pop culture debate, however, is that there is no right answer. In this case, the question isn't who was a better captain, but really: Would you rather be a brash, instinctual, swashbuckling person of action or a philosophical, contemplative, collaborative person of action?

Here, University of Toledo Medical Center's chief medical information officer Bryan Hinch, M.D., explains why it's better to be a Picard when it comes to making decisions as a healthcare leader. Sometimes, though, you just have to be a Kirk, he says.

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